



MEDIA RELEASE

NEW Community Harvest Share Boxes Planted in the Capital Region

Great news this month, thanks to 100kilos.org and OzHarvest! Around the region there are new and easy places for locals to share their backyard produce for free everyday with community Harvest Share Boxes in Griffith, Acton, Yass.

“Imagine this. Every time you go shopping or stop at the local cafe you take some veges or herbs from your garden and maybe even bring something different home with you. You get more great fresh, local produce shared around the community and less food goes to waste. Harvest sharing is a habit we would love more Aussie households to get into, and we’re starting in Canberra” said Elizabeth Goodfellow, Founder and Coordinator of 100kilos.org.

The Harvest Share Boxes are a joint initiative of 100kilos.org and OzHarvest. There’s no money involved, all you do is bring and/or take some produce from the box and share veges and good will. Even better, OzHarvest will come and pick up any extra fruit and veg when the box gets full, which will be distributed around the community to help local families and community groups access more fresh produce.

This is one of those great projects where everyone wins, the locals and Oz Harvest get great produce, the businesses and community organisations encourage regular visitors and sustainable food, and 100kilos.org encourages more people to grow, share and enjoy fruit and veg from home.

Dave Burnet, Manager at OzHarvest Canberra says "Elizabeth and I have been talking about the Harvest Share boxes for a while now, and it's great to see them becoming reality. This is a really cool idea so we can use great local produce and reduce waste at home and support local communities".

There seems to be plenty of pumpkins, some tomatoes and the odd zucchini and cucumbers plus plenty of herbs around still even though it’s late in the season –so if you’ve got some extra produce or are looking for some, then stop by one of the Harvest Share locations situated at the Griffith Butchery in Griffith Shops, ANU Food Co-Op in Acton, and further afield at ThymeToTaste in Comur St Yass.

It doesn’t matter if you have a handful or a bucket-load, every bit helps ☺.

Further information available at 100kilos.org on the [web](#) or [facebook](#).

Contact Details: Further questions or want an interview? Email media@100kilos.org



AND

PRESENT...

Note to Editors: Additional Photos and Interviews Available on Request. Harvest Share Box Locations.

- *Griffith ACT* at the Griffith Butchery, Griffith Shops, 10 Barker St, every Monday to Saturday.
- *Acton ACT* at the Food Co-op Shop & Cafe, 3 Kingsley St, Canberra ACT 260, every Monday through Sunday.
- *Yass NSW* at ThymeToTaste Café-Deli, 60 Comur St, Yass NSW, open every Monday-Sunday.

Visit our Swap'n'Share Map online for details at: <http://wp.me/P4hvmn-rKz>.

About 100kilos.org, Harvest Share Details and Photos

Inspired by local farmers and foodies, and the brainchild of Elizabeth Goodfellow, 100kilos.org is taking on the challenge of helping every home grow 100 kilograms (kilos) of food each year.

Driven by the desire to grow, eat and enjoy the home harvest, the 100kilos.org program aims to take the guesswork out of growing to make it fun and fruitful for newbies and old hands alike. 100kilos.org has set up harvest swaps, seed planting sessions, and now harvest share boxes in conjunction with OzHarvest Canberra.

You might have seen both the 100kilos.org and OzHarvest teams in action on the Canberra episode of [River Cottage Australia](#) in April 2016. I wonder what this community partnership will be cooking up for Canberra next?

About OzHarvest Food Rescue

- OzHarvest is the **nation's leading food rescue operation** that has been feeding Sydney, Newcastle, Wollongong, Adelaide, Brisbane, Canberra, Gold Coast, Melbourne and Perth's hungry since 2004.
- Since 2004, OzHarvest has delivered over **40 million meals** and has rescued over **14,500 tonnes of food from ending up as landfill**.
- Using a fleet of 30 vehicles, OzHarvest rescues food from **restaurants, cafes, hotels, retailers and food outlets** throughout these cities as well as helping in rural areas with their **regional food rescue** program REAP.
- **Every week OzHarvest collects over 56 tonnes of excess food and delivers it to more than 600 charities** throughout Australia.
- Thanks to OzHarvest, many men, women and children at the agencies that OzHarvest supports, now have a wider supply and variety of fresh and cooked food, fruit and vegetables which they could not access previously.
- In 2013, OzHarvest received the **United Nations Environment Day Award** for Community
- In 2013 & 2014, OzHarvest partnered with the **United Nations Environment Program** (UNEP) on the global **Think.Eat.Save – Reduce Your Foodprint Campaign** which saw Think.Eat.Save events take place all over the country.